FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washii

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

ngton, D.C. 20549	OMB APPROVAL

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* CLAUER MICHAEL B											Symbol SINC [A	(Ch	eck all applic Directo	able)	10% Own		Owner				
	(Last) (First) (Middle) 7900 XERXES AVENUE SOUTH SUITE 1800							3. Date of Earliest Transaction (Month/Day/Year) 04/19/2005								X Officer (give title Offier (specify below) Executive Vice President					
(Street) MINNEAPOLIS MN 55431-1159					_ 4.	f Amer	ndment,	Date	of Origin	nal File	ed (Month/Da	Line	Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person								
(City)	(City) (State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																				
1. Title of Security (Instr. 3) 2. Transac Date (Month/Da			ction	2A. Exe	Deemed ecution Date,		3. Transaction Code (Instr.		4. Securities Acquired (A) or			5. Amount of Securities Beneficially Owned Following		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership					
									Code	v	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)				(Instr. 4)			
Common Stock 04/19/2				2005	005			M		2,062	A	\$5.8125	69,983		D						
Common Stock 04/19/20					2005)05			F		899	D	\$13.32	69,084(1)		D					
Common Stock													41,216		I		Partnership Trust				
		٦	Table II								posed of, convertil			Owned		,	,				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	Execution Date,		4. Transa Code (8)				6. Date E Expiration (Month/I	on Dat			ties ig e Security	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s (Instr. 4)		10. Ownersh Form: Direct (D or Indire (I) (Instr.	Beneficial Ownership ct (Instr. 4)			
					Code	v	(A)	(D)	Date Exercisa	able	Expiration Date	Title	Amount or Number of Shares								
Employee Option to Buy	\$5.8215	04/19/2005			M		2,062		11/20/20	03 ⁽²⁾	11/20/2010	Common Stock	28,086	\$0	26,	024	D				

Explanation of Responses:

1. Includes shares acquired under the ESPP as of 2/28/05, shares of restricted stock granted under the Partnership Plan, performance shares and shares distributed from the Partnership Plan that are now directly

 $2.\ Exercisable\ in\ annual\ cumulative\ installments\ of\ 25\%\ beginning\ one\ year\ from\ date\ of\ grant.$

/s/ Patricia A. Beithon,

04/20/2005 Attorney-in-Fact for Michael

B. Clauer

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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